2018

4TH OF JULY

5K FUN RUN & WALK

WEDNESDAY~ JULY 4TH ~ 9:30AM

START/FINISH AT THE FOOT OF I ST – ARCATA MARSH PARKING LOT - 22 YEARS AT THE ARCATA MARSH!

SPONSORED BY 6RRC

ARCATA HIGH ~ KATHERINE MCCAUGHEY MEMORIAL SCHOLARSHIP FUND

REFRESHMENTS, RAFFLE PRIZES, FUN!

Complete form, sign waiver, enclose check made payable to 6RRC
mail to: 2018 4th of July 5K, c/o 6RRC P.O. BOX 129 BAYSIDE, CA 95524

FOR OFFICIAL USE ONLY

FIRST NAME _____ LAST _____

SEX CIRCLE ONE M F AGE ___ BIRTHDATE __-__-__ PHONE ___-___-____

ADDRESS _____

CITY _____ STATE ___ ZIP _____

Email address:_____

ADULTS $10.00 _____KIDS 17 & UNDER $5.00_____

_____X_____

Date **ALL ENTRANTS MUST SIGN WAIVER.** (Parent or Guardian if under 18)

WAIVER: Intending to be legally bound, I do hereby certify that my training and health are adequate for me to safely compete in the 6RRC 4th of July 5K Run & Walk. I will waive and release any claims for damages or injuries as a result of my participation in said event to the following entities: City of Arcata, Six Rivers Running Club, Event Sponsors, Event Volunteers; and hold them harmless from any and all liabilities and claims made by other individuals or entities as a result of my actions during the 2018 4th of July event. **I FURTHER UNDERSTAND THAT, DUE TO RRCA INSURANCE RESTRICTIONS, BICYCLES, STROLLERS, BABY JOGGERS, & DOGS ARE NOT ALLOWED TO PARTICIPATE IN, OR BE ON THE COURSE, DURING THE EVENT.**