Race Info

Bicycle helmets required for all participants during bike ride. Wear appropriate clothing, bring layers, it often is cool; no public nudity. Lifeguards on deck. Swim flotation devices allowed for kids. Parents may assist their child during any portion of the race. Kids swim age groups start separately. Race course wellmarked and supervised. Goody bags (swim cap, bottle, etc) availability guaranteed to first 100 registrants. Race chip timed by AA Sports.

Divisions:

Adult Individual Triathletes: male & female, age groups 13 & under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ years Duathletes: male and female Triathlon Relay Teams: male, female, mixed, and corporate Kid Individual: boys & girls, age groups 5-6, 7-8, 9-10, 11-12 years

Awards:

Medals to all finishers and 1st, 2nd, and 3rd place awards for each triathlon age group and for overall male and female duathletes. First place awards for overall male, female, and mixed relay teams. No age group categories in the duathlon or relay teams.

> Donation Drawing: including a Trek Bike donated by Back Country Bicycles Tickets \$1 each or 6 for \$5



Saturday: 5-7 pm Fred Endert Pool Early Registration & Packet Pickup

Schedule:

Sunday: Fred Endert Pool race site 6:30 am registration opens 8:00 am required adult safety meeting 8:30 am adult tri wave starts & duathlon 10:30 am required kids safety meeting 11:00 am kids start time (approximate) All awards after kids race



Register before August 17 to receive early confirmed wave starts (available Saturday evening before packet pick up) otherwise they are assigned at the pool on Sunday morning.

Find Us At:

website:

www.crescentcitytriathlon.com

call or visit:

Tom Latimer Back Country Bicycles 1331 Northcrest Drive Crescent City, CA 95531 707 465 3995

email:

TryCCtri@gmail.com

register online: http://bit.ly/2kzeLdl



^{34th Annual} CRESCENT CITY, CA TRIATHLON

August 19, 2018 - Sunday



ADULT TRIATHLON 8:30 a.m. 500 vd pool swim, 12 mi bike, 3.1 mi run

ADULT DUATHLON 8:30 a.m.

3.1 mi run, 12 mi bike, 3.1 mi run

15th Annual KIDS TRIATHLON approx 11:00

5-6 yr olds: 50 yd swim 1 mi bike 1/4 mi run 7-8 yr olds: 50 yd swim 2 mi bike 1/2 mi run 9-10 yr olds: 100 yd swim 3 mi bike 1/2 mi run 11-12 yr olds: 100 yd swim 6 mi bike 1 mi run

> Fred Endert Municipal Pool 1000 Play Drive Crescent City, CA 95531

Proceeds benefit the Del Norte High School Scholarship Fund

CCTri is a 50I(c)3 non-profit organization

Rogue Valley Race Group Chip Timed