

7th Annual Fox Trot 5K & Lap-a-thon

10:00AM, Sun., Oct. 2, 2016

Directed by "Terri Little" <terri@redwoodcoastmontessori.org>

Foxy **thanks** to everyone who supported and attended this year's event. We had an impressive skulk of kits, vixens and dogs running despite the bucket-loads of rain that immediately preceded the start. Lots of near and far school family and community supporters helped in one or more areas: sponsor runners, donate snacks, craft foxy awards and fox tails for every runner, set up the flagging in the pouring rain, silk screen t-shirts at the race, cheer and tally fox kit laps, and generally making a festive successful morning. Continuous, resonating thanks to **Gary Ronne** for Taiko Drumming. I want to especially thank our Six Rivers Running Club volunteer friends **Jack West** (delivering equipment), **Gary Timek** (set-up, timing, clean-up, equipment return), **Karen Kidwell** (singularly staffing north turn from beach back to the trail), and **Yoon Kim** (photography, posting results, and a hug). **Mark your calendar to join us for the 8th Annual Fox Trot Lap-a-Thon, 5K(ish) and 10K(ish) Dune Runs at 10:00AM on Sunday, October 8, 2017.**

Kindest thanks,

-- Terri

2016 Fox Trot Lap Totals

Laps	Name	G	Grade
37	August	M	6
27	Caden	M	5
21	Lila	F	4
21	Myles	M	K
20	Jesse	M	3
20	Destanie	F	1
20	Jacob	M	1
20	Tobias	M	1
19	Julia	F	5
19	Levi	M	2
18	Kelia	F	TK
18	Isla	F	1
17	Orrin	M	7
17	Helen	F	4
17	Avin	M	2
16	Amelia	F	4
16	Michael	M	K
16	Devin	M	K
15	Gavalin	F	2
10	Cheyanna	F	6
10	Lukas	M	3
10	Leo	M	3
9	Penelope	F	TK
6	Theo	M	1
1	Kemble	F	Pre-TK

5K Dune Runs

Place	Name	G/age	Time	Bib#
1	Richard Roybal	M40	29:14	565
2	Ryan McGuire	M39	37:53	566
3	Paul Woodworth	M39	37:54	567
4	Carrie Hurst	F40	39:06	562
5	Nancy Giacone	F39	39:06	563
6	Mark Ellis	M61	40:05	564