

HOUR RUN

Sun., Apr. 30, 2017

Directed by "Bill Daniel" <drd4462@att.net>

400 Meter

Place	Name	G/age	Time
1	Clay Lynch	M38	1:06
2	Kim Bergel	F51	2:03
3	Mike Wood	M58	2:07

Mile Run

Place	Name	G/age	Time
1	Mike Wood	M58	6:12
2	Randy Emenaker	M66	7:38
3	Ryan Emenaker	M39	8:08
4	Sofia Pereira	F29	9:42
5	Annalise Von Borstel	F31	9:44
6	Kim Bergel	F51	10:25
7	Carla Simpson	F54	11:30

Hour Run

Place	Name	G/age	Distance (laps)
1	Ben Davenport	M42	9 mi + 1426 yds (39 laps + 106 yds)
2	Tami Beall	F49	9 mi + 0440 yds (37 laps)
3	Sky McKinley	M40	9 mi + 0390 yds (36 laps + 390 yds)
4	Optimus Prime	M36	9 mi + 0000 yds (36 laps)
5	Clay Lynch	M38	8 mi + 1660 yds (36 laps - 100 yds)
6	Sean Johnson	M47	8 mi + 1520 yds (35 laps + 200 yds)
7	Richard Roybal	M40	8 mi + 0880 yds (34 laps)
8	Dave Ryan	M59	8 mi + 0660 yds (33+1/2 laps)
9	Mike Wood	M58	8 mi + 0565 yds (33 laps + 125 yds)
10	John Zinselmeir	M69	8 mi + 0520 yds (33 laps + 080 yds)
11	Alicia Smith	F39	7 mi + 1549 yds (31 laps + 229 yds)
12	Alan Grau	M63	7 mi + 1435 yds (31 laps + 115 yds)
13	Yoshi Uemura	M62	7 mi + 0990 yds (30 laps + 110 yds)
14	Caroline Carson	F55	7 mi + 0880 yds (30 laps)
15	Scott Pesch	M39	7 mi + 0330 yds (28+3/4 laps)
16	Elizabeth Cox	F48	7 mi + 0220 yds (28+1/2 laps)
17	Tanya Trump	F47	7 mi + 0075 yds (28 laps + 075 yds)
18	Sadie Alves	F41	6 mi + 1654 yds (27 laps + 334 yds)
19	Chris Wild	M36	6 mi + 1320 yds (27 laps)
20	Tom Martin	M70	6 mi + 1160 yds (26+1/2 laps + 060 yds)
21	Randy Emenaker	M66	6 mi + 0376 yds (10K)
22	Daniel Lipiec	M61	6 mi + 0220 yds (24+1/2 laps)
23	Robert Ayers	M59	6 mi + 0220 yds (24+1/2 laps)
24	Ken Young	M75	6 mi + 0016 yds (24 laps + 016 yds)
25	Mark Ellis	M62	5 mi + 1100 yds (22+1/2 laps)
26	Janelle Deshais	F36	5 mi + 1100 yds (22+1/2 laps)
27	August Deshais	M41	5 mi + 1100 yds (22+1/2 laps)
28	Debbie Stamper	F63	5 mi + 0915 yds (22 laps + 035 yds)
29	Marcile Raney	F56	5 mi + 0660 yds (21+1/2 laps)
30	Gary Timek	M69	5 mi + 0440 yds (21 laps)
31	Robert Meyer	M72	5 mi + 0246 yds (20 laps + 246 yds)
32	Jurgen Giessel	M80	5 mi + 0220 yds (20+1/2 laps)
33	Donna Ayres	F70	5 mi + 0000 yds (20 laps)
34	Jasper Severn	M21	5 mi + 0000 yds (20 laps)
35	Lavender Weburg	F15	4 mi + 0000 yds (16 laps)
36	Jason Lewis	M31	4 mi + 0000 yds (16 laps)
37	Kim Bergel	F51	3 mi + 1584 yds (15 laps + 264 yds)
38	Brayden Leach	M19	3 mi + 1320 yds (15 laps)
39	Dustin Solomon	M20	3 mi + 1320 yds (15 laps)
40	Chase Wheeler	M23	3 mi + 1320 yds (15 laps)
41	CM April	M25	3 mi + 1320 yds (15 laps)
42	Patrice Emenaker	F70	3 mi + 0550 yds (13+1/4 laps)
43	John Norberg	M90	3 mi + 0490 yds (13 laps + 050 yds)
44	Grace Hall	F18	2 mi + 0880 yds (10 laps)
45	Mia Pambianco	F19	2 mi + 0880 yds (10 laps)
46	Tito Cabrera	M46	Unknown