



Virtual Race Packet 2020

Relay For Life is Humboldt County's longest standing fight against cancer. For almost 30 years we have come together to walk/run around the track for 24 hours symbolizing the challenging journey a cancer patient faces after hearing "you have cancer." Due to COVID-19, we are not able to gather around the track this year. In lieu of a track gathering we will be running the entire length of Humboldt County - virtually.

Race Outline

Start/End Time: August 2, 2020, 10:00 AM PST through August 9th, 2020, 10:00 AM PST

Distance: 131 miles per team

Eligibility: All team members and individual participants must be a registered Relay For Life of Humboldt County participant. Participants can be located anywhere in the US. There is no limit to how many members a team can have.

Activities Allowed: Running, Walking, Hiking, Treadmills - anything on your feet!

How to Participate:

1. Register as a Relay For Life participant, either with a team or as an individual at www.relayforlife.org/humboldtcountyca
2. Log your miles every day using this form: <https://forms.gle/dTJgXfJQTGqDwob6>
3. Tune into our daily programming during Relay Week and have fun!

Awards

1. Top Finishers: Individual and Team time and mileage
To qualify for a Top Finisher award, you must have a proof of activity included with all activity submissions for everyone on your team. You can submit your activity proof in the Activity Form mentioned above.
2. All Teams who complete 131 miles: PDF Finisher Certificate and shareable Social Media graphic

For questions and inquiries please contact brienne.mirjah@cancer.org.