

37th Sequoia Park Run

Sat., February 11, 2017

Co-Directed by [Wendy Pearcy](mailto:wendypearcy@suddenlink.net) <wendypearcy@suddenlink.net>, [Cathy Larripa](mailto:catlarripa@yahoo.com) <catlarripa@yahoo.com>, [Portia Matheson](mailto:portiadean1@yahoo.com) <portiadean1@yahoo.com>

We can't believe how lucky we were to have such beautiful weather in between the nasty storms! Must be directors' karma.

Wendy, Cathy and **I** appreciate all the wonderful **volunteers** who helped make this such a successful event. Thanks to **Matt Kidwell** for permits, **Mark Larripa** and **Dean Matheson** for setting up the signs and cones and the cleaning up after. **Lorraine Dillon, Sharon Powers, Rich Vogt, Karen Kidwell, Donna Ayres, Caroline Carson, Amanda, Charles** and **Randy** helped man the registration tables. **Tom Martin** was our timing guy at the 2-mile run. We were fortunate enough again to have 16 members of the enthusiastic **Redwood Teen Challenge** team. They served as monitors along the course and helped cheer the runners on, as well as being available for any extra tasks. Thanks also to **Jessie** and **Julie**, in charge of the water station, and to **Terri** and **Nikki** at Cowbell Corner. And of course, our special thanks to **Yoshi, Gary** and **Yoon**, whom we can never do without.

See you next year. -- **Wendy, Cathy & Portia**

* Several runners have placed their time on the "all-time" list. Check the web posting of the "all-time" list.

2M @ 9:30 am

<u>Place</u>	<u>Name</u>	<u>G/age</u>	<u>Time</u>	<u>Bib#</u>
1	Will Barbee	M15	13:09	1230
2	Andrew Hansen	M14	13:21	1218
3	Irene Graham	F27	13:24	1216
4	Elsa Nolen	F11	13:43	1193
5	Angelica Aubrey	F24	13:46	1233
6	Mathew Hansen	M11	14:19	1219
7	Tony Sanchez	M47	14:52	1229
8	Max Rousselot	M55	15:16	1203
9	Ed Smith	M35	15:38	1222
10	Charles White	M27	16:34	1179
11	Ben Letts	M09	16:54	1221
12	Donald Moore	M17	16:57	1199
13	Jennifer Atherton	F29	17:02	1204
14	Michael Chapman	M57	17:12	1190
15	Lindsey Grossman	F35	17:21	1194
16	Rick Park	M71	18:12	1214
17	Sarah Boyd	F34	18:22	1235
18	Ryan Kerker	M34	18:46	1196
19	Cassandra Wagner	F30	18:46	1213
20	Ernesto Aberson	M08	19:10	1226
21	Thomas Dewey	M57	20:35	1228
22	Chris Aberson	M48	21:01	1225
23	Megan Mefford	F36	21:34	1188
24	Amy Lennox	F51	21:50	1215
25	Silas Darlington	M07	22:10	1191
26	Brittany Grout	F24	22:10	1189
27	Jaime Hansen	F39	22:52	1220
28	Kelly Allen	F34	22:53	1224
29	Marlene Allen	F60	22:55	1227
30	Pete Atherton	M69	23:14	1205
31	Nora Carlson	F10	23:20	1234
32	Jessy Carlson	F37	23:21	1236
33	Lexi Carlson	F09	24:03	1238
34	Greg Carlson	M37	24:03	1237
35	Sarah Dennison	F24	24:21	1187
36	Jennifer Code	F39	24:35	1185
37	Micaela Gunther	F44	24:35	1184
38	Amy Gundersen	F36	24:35	1186
39	Lauren McClure	F40	25:05	1223
40	Rosalind Litzkey	F35	25:05	1231
41	Nancy Stevens	F39	25:05	1232
42	Betty Weldon	F08	26:37	1200
43	Kiara Weldon	F08	26:45	1208
44	Jason Weldon	M08	26:45	1201
45	Nevi Weldon	F03	no time	1209
46	Vincent Weldon	M33	no time	1195
47	Tom Bond	M66	no time	1206
48	Cherrie Amor	F39	no time	1211
49	Peach Bond	F63	no time	1207
50	Stephanie Weldon	F40	no time	1197

51 Momo Palacios	M04	no time	1183
52 Kala Palacios	F27	no time	1182
53 Trudy Bean	F46	no time	1217
54 Joseph Couch	M30	no time	1212
55 Amanda Couch	F28	no time	1210
56 Drakin St. Germain	M03	no time	1180
57 Chase Engberg	M19	no time	1181
58 Erika Smith	F34	no time	1202
59 Keif Chavera	F46	no time	1192
60 Gayle Patrice	F61	no time	no_Bib

5.3M @ 10:10 am

<u>Place</u>	<u>Name</u>	<u>G/age</u>	<u>Time</u>	<u>Bib#</u>
1	Kellen O'Neill	M18	30:22	853
2	Brandon Day	M36	30:26	811
3	Andrew Jones	M39	34:13	816
4	Kenneth Pocasangre	M26	35:42	702
5	Tami Beall	F49	36:22	813
6	Pam Naylor	F37	36:49	835
7	Thomas Nolan	M23	36:59	598
8	Dave Ryan	M59	37:35	596
9	Cameron Heyvaert	M23	38:22	595
10	John Zinselmeir	M69	38:36	825
11	Jeff Faulk	M23	38:45	837
12	Clay Lynch	M38	38:46	807
13	Richard Roybal	M40	39:46	854
14	Joseph Vogelpohl	M49	39:56	836
15	Jeff Kane	M40	40:15	814
16	Kelley Wyman	M27	40:27	704
17	Tristan Kiehl	M26	40:45	822
18	Jeff Haag	M57	40:53	838
19	Alicia Smith	F38	42:30	841
20	Lanore Bergenske	F59	43:34	871
21	Jasper	M19	43:39	834
22	Ian Letts	M13	44:30	701
23	Mary Wells	F62	44:40	705
24	Bryan Lanning	M43	44:54	590
25	Jameson Collins	M33	45:13	824
26	Jacob Hayes	M37	45:22	706
27	Casey Ales	M35	45:57	856
28	Jack Carlson	M12	46:22	849
29	Greg Carlson	M37	46:23	850
30	Bob Beede	M64	46:26	589
31	Kathleen Brubaker	F51	46:27	863
32	Phil Lescano	M62	46:29	857
33	Sarah Sanders	F37	46:50	865
34	Thomas Dewey	M57	46:57	812
35	Caroline Carson	F55	47:09	873
36	Chris Wild	M36	47:48	809
37	John Carson	M59	48:15	869
38	Alyssa Belarde	F39	48:53	839
39	Jon Luken	M46	48:58	843
40	Elizabeth Cox	F48	49:10	599
41	Jen Padula	F32	49:15	870
42	Trevor Estlow	M45	49:17	842
43	Robin Baker	F28	49:24	810
44	Lindsey Grossman	F35	49:35	597
45	Sarah Boyd	F34	50:07	848
46	Juan Reyes	M35	50:10	833
47	Katrin Lemmon	F27	50:29	864
48	Randy Emenaker	M65	50:45	819
49	Richard Myers	M40	50:57	832
50	Laura West	F23	52:57	703
51	Keyton Lanning	M09	53:04	593
52	Melanie Barnett	F29	53:13	845
53	Daniel Lipiec	M60	53:34	829
54	Amy Duerfeldt	F42	54:53	846
55	Kylee Swanson	F13	56:10	840
56	Janelle Deshais	F37	56:37	852
57	Hart Ford	F29	57:04	860
58	Michael O'Neill	M47	57:20	818
59	Stacy Antoniadis	F63	57:27	831
60	MJ Lathan	F59	58:21	858
61	Chelsey Castiglione	F25	58:58	855
62	Debbie Stamper	F62	59:16	861
63	Jenna Cardoza	F32	59:39	815
64	Amy Livingston	F40	59:43	817
65	Lorraine Dillon	F66	59:44	820
66	Norman (Beau) Goodwin	M32	59:51	866
67	Donna Ayres	F69	1:00:32	821

68 River Owens	M10	1:01:05	867
69 Jessica Osborne-Stafsnes	F33	1:01:14	844
70 Cayla Lynch	F18	1:01:19	808
71 Mary Ann McCulloch	F60	1:02:45	859
72 Kristin Pitsenbarger	F54	1:03:05	872
73 Trina Morais	F47	1:04:10	851
74 Annie Lanning	F09	1:05:30	591
75 Melinda Lanning	F34	1:05:30	594
76 Jurgen Giessel	M79	1:08:54	823
77 Marcile Raney	F56	1:08:56	828
78 Colton Owens	M12	1:22:21	868
79 Emilie Lanning	F15	1:25:34	826
80 Julie Lanning	F09	1:25:39	592
81 Myrna Weburg	F77	1:26:05	827