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**HUMBOLDT TRI-KIDS TRIATHLON**  
P.O. Box 32  
Arcata, CA 95518

**28<sup>th</sup> Annual**



**JUNE 3<sup>RD</sup>, 2018**

**at THE ARCATA COMMUNITY POOL**

Humboldt Tri-Kids is a triathlon for youth ages 7-18. Participants may enter as an individual or as a member of a 2 or 3-person relay team.

Swim Training available at:  
Arcata Community Pool  
and

HealthSPORT in Arcata and Eureka

Check out our website for details:

**WWW.TRIKIDS.COM**

## RACE DAY

<b>7:00-8:15 AM</b>	Race Check-in <i>(takes at least 15 minutes)</i>
<b>8:30 AM</b>	Race Announcements
<b>8:45 AM</b>	½ Mile Fun-Run
<b>9:00 AM</b>	Pool Opens
<b>9:15 AM</b>	1 <sup>st</sup> Heat Starts

### Kids Fun Run - \$5

The half-mile Fun Run starts at 8:45 am and is for ages 6 and under. Register now or the day of the event.

## COURSE DETAILS

### Individual Triathlon

DIVISION	AGE (years)	SWIM (yards)	BIKE (miles)	RUN (miles)
Junior	7-10	100	4.7	0.5
Senior	11-14	200	7.1	1.0
Open	15-18	200	7.1	1.0

### 2 or 3-Person Relay Team

DIVISION (total age)	SWIM (yards)	BIKE (miles)	RUN (miles)
21-25	100	4.7	0.5
26-31	100	4.7	0.5
32-36	200	7.1	1.0
37-42	200	7.1	1.0
43-54	200	7.1	1.0

## BIKE CHECK

New and required for 2018. Get your bike checked out before race day at:

**Adventure's Edge**  
OR  
**Revolution Bicycles**

## REGISTRATION

To enter the race, read and sign the attached entry form and waiver. Incomplete forms will not be accepted. There are a limited number of scholarships available. Please contact us if you need a scholarship application.

Mail your completed form along with a check made payable to  
**Humboldt Tri-Kids, P.O. Box 32, Arcata, CA 95518**

- **May 24<sup>th</sup>** is the Mail-in registration deadline.
- **May 31<sup>st</sup>** is the Final Registration deadline. Bring your registration form to Adventure's Edge in Arcata until this date.

**There will be no triathlon race day registration!!**

### Registration Fees:

T-shirts (circle size)

#### Individual

by May 24 - \$25  
after May 24 - \$30

Youth – XS S M L  
Adult – S M L XL

#### Relay (per team)

by May 24 - \$42  
after May 24 - \$51

T-shirts \$10 Each \_\_\_\_\_

+Registration \_\_\_\_\_

Fun Run - \$5

**Total Enclosed** \_\_\_\_\_

I hereby acknowledge that participation in the Humboldt Tri-Kids Triathlon competition carries with it potential hazard. I am aware that vehicular traffic and pedestrians will be using the same roadways during the race and that a collision could cause injury or death. In consideration of the acceptance of this entry, I, the undersigned participant, intending to be legally bound do hereby for myself, my heirs, executors, or administrators, waive, release and forever discharge and indemnify any and all rights and claims that I may have against the Humboldt Tri-Kids Triathlon, and any and all sponsors and promoters and/or its officers, agents, representatives or assigns, for any and all liability from the Humboldt Tri-Kids Triathlon. In the event of the need for medical attention, I authorize the Triathlon officials to use their discretion to have me transported to a medical facility and administer medical aid and will take full responsibility for such action. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical practitioner. I hereby agree that in the event of a race cancellation due to a storm, rain, or inclement weather, winds or other "Acts of God" conditions, my enrollment fee shall be non-refundable. I have read and agree to abide by the race rules.

\_\_\_\_\_  
Parent/Guardian Signature Date

I DO NOT give permission for photos/video of my child to be used by Humboldt Tri-Kids for promotional purposes

\_\_\_\_\_  
First Name Last Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City Zip Phone

\_\_\_\_\_  
Email

\_\_\_\_\_  
Birthdate Age on race day M F  
Gender

\_\_\_\_\_  
Medical problem/allergies:

\_\_\_\_\_  
Emergency Contact (Name/Phone/Relationship):

\_\_\_\_\_  
How did you hear about us?

## RELAY ONLY

Please fill out a **separate entry form** for each relay team member and return in **one envelope**. No participants under 7 or over 18 years of age may make up any part of a relay team.

Determine Division by adding **all three** ages of the swim, bike and run participants.

### I will participate in:

- Swim  
 Bike  
 Run

### Division

- 21-25  
 26-31  
 32-36  
 37-42  
 43-54

### Team members are:

- Male  
 Female  
 Co-ed

Cut and save for race day info