

Humboldt County Kindergarten-8th Grade 2025 Cross Country Schedule



<u>Dates</u>	<u>School/Coach</u> <u>Distances</u>	<u>Location</u>	<u>Starting</u> <u>Time</u>	<u>Website</u> <u>Email/Phone</u>
Sun., Sept. 7	CC Coaching Clinic Information on coaching youth cross country	Arcata Community Center	11:00 AM	Track/CC Clinic hrray707@gmail.com
Tues., Sept. 23	Jacoby Cr./Davita McGoldrick K-2 nd runs 1 mile, 3 rd -5 th runs 1.5 miles, 6 th -8 th runs 2 miles	Arcata Marsh	4:00 PM	Cross Country Info Arcata Marsh Registration
Thurs., Sept. 25	Blue Lake/Bonnie Hunsinger K-2 nd runs .8 mile, 3 rd -5 th runs 1.5 miles, 6 th -8 th runs 1.8 miles	Perigot Park	4:00 PM	Cross Country Info Blue Lake Results
*Sat, Sept. 27 Arrive Early!	Mack High Clam Beach Invite All runners will run one mile \$5.00 per runner, top 10 each gender/division receive medals, ribbons for all. Meet Info: https://hrray.org/cross-country	Clam Beach South Entrance		K-5 Race-? AM 6-8 Race-? AM
Tues., Sept.30	Winship/Andrew Dawid K-2 nd runs .7 mile, 3 rd -5 th runs 1.25 miles, 6 th -8 th runs 1.6 miles	Winship Middle School	4:30 PM	Cross Country Info Winship Results
Thurs., Oct. 2	HRRAY/Alysia Davidson K-2 nd runs .8 mile, 3 rd -5 th runs 1.5 miles, 6 th -8 th runs 1.8 miles	Hiller Park, McKinleyville	4:00 PM	Cross Country Info Hiller Park Results
Tues., Oct. 7	Willow Creek/Shari Hostler K-2 nd runs .75 mile, 3 rd -5 th runs 1.3 miles, 6 th -8 th runs 1.75 mile	Willow Creek Golf Course	4:00 PM	Cross Country Info Willow Creek Results
Thurs., Oct. 9	Fortuna/Breanna Cahoon K-2 nd runs .75, 3 rd -5 th runs 1.6 miles, 6 th -8 th runs 1.8 miles	Rohner Park	4:00 PM	Cross Country Info Rohner Park Results
Thurs., Oct 16	Championships K-2 nd runs 1 mile, 3 rd -5 th runs 2 miles, 6 th -8 th runs 2 miles	Arcata Community Center	4:00 PM	Cross Country Info hrray707@gmail.com

*This race is not an official HRRAY race. It will not be included in the HRRAY awards.

We are glad to offer you and your families an opportunity to enjoy running in Humboldt County this year. Distances may vary. The above distances are guidelines. The run in yellow is not part of the HRRAY program, so doesn't count toward HRRAY awards. In order to participate in the League Championships, you must finish at least TWO League meets. If your school offers a cross country program, you MUST compete with your school team. All other athletes may participate as unattached athletes. Contact Jack for registration details.

For any questions, email HRRAY at hrray707@gmail.com.

Website: www.hrray.org

Thank You to Our Sponsors:



Welcome to the 2025 Humboldt County K-8 Cross Country season. This season we are excited to be using the timing system via Pebble Beach Timing, for five of our league meets and the Championships– Willow Creek will use the former system of finishing tags and hand timing. The Clam Beach Invitational (McKinleyville High XC fundraiser) will also be using the timing system, fees are due to MHS Cross Country. Online registration via [Athletic.net](https://athletic.net) is required for all meets using the timing system. Registration **MUST** be completed by the stated meet deadlines. **There will not be late registration for meets using the timing system.** We have tutorials available to ensure accessing [Athletic.net](https://athletic.net) is seamless. [Athletic.net Tutorial MP4 Version](#) [Athletic.net Tutorial PDF Version](#)

As a reminder, our league rule is:

1. Students who attend a school that has a cross country program **MUST** compete with their school team, all other students may compete as unattached athletes. Students who run unattached, but attend a school that has a running program will be disqualified.
2. To qualify to compete in the League Championships, athletes must **FINISH** at least **TWO LEAGUE MEETS.**

ATHLETIC.NET | Coaches must gain access to their team account and register their athletes through their team page. Teams should not be registering their athletes as “unattached” athletes”

Unattached Athletes– Parents or the adult who is managing the group of athletes: Create your own account THEN “ADD A MANAGED ATHLETE” [ADD A MANAGED ATHLETE TO YOUR ACCOUNT](#) DO NOT CREATE AN ATHLETE ACCOUNT UNDER YOUR NAME. YOU WILL EARN RESULTS INSTEAD OF THE ATHLETE

Athletes 13 and Over may create their own account using their own email address (do not use your school email address, you will lose access after you are no longer a student). Parents may create their own account and “ADD A MANAGED ATHLETE” as a “PARENT”

GENERAL ATHLETIC.NET INFORMATION

MEET REGISTRATION |

MAKE SURE YOU REGISTER BY THE STATED DEADLINE FOR EACH MEET. **Late registration will not be accepted.**

LEAGUE MEETS | REFER TO [ATHLETIC.NET](https://athletic.net) “MEET INFO” FOR MORE INFORMATION

[Meet #1 @ Arcata Marsh, Klopp Lake](#) | **REGISTRATION CLOSSES 5PM PST ON SATURDAY, 9/20**

[Meet #2 @ Perigot Park, Blue Lake](#) | **REGISTRATION CLOSES 5PM PST ON MONDAY, 9/22**

[Meet #3 @ Winship Middle School, Eureka](#) | **REGISTRATION CLOSES 5PM PST ON SUNDAY, 9/28**

[Meet #4 @ Hiller Park, McKinleyville](#) | **REGISTRATION CLOSES 5PM PST ON MONDAY, 9/29**

Meet #5 @ Willow Creek Golf Course | **FINISHING TAGS REQUIRED: FIRST NAME, LAST NAME, SCHOOL, GENDER, GRADE**

[Meet #6 @ Rohner Park, Fortuna](#) | **REGISTRATION CLOSES 5PM PST ON MONDAY, 10/6**

[**2025 LEAGUE CHAMPIONSHIPS, Arcata Community Center](#) | **REGISTRATION CLOSES 5PM PST ON SUNDAY, 10/12 | MUST FINISH TWO LEAGUE MEETS**

CLAM BEACH INVITATIONAL | **THIS IS NOT A LEAGUE MEET** | FEES PAID TO MHS CROSS COUNTRY | FOR MORE INFO, SEE MEET INFO PDF AVAILABLE ON [ATHLETIC.NET](#) MEET PAGE | **REGISTRATION CLOSES 5PM PST ON WEDNESDAY, 9/17**

MEET DAY | REFER TO [ATHLETIC.NET](#) "MEET INFO" FOR MORE INFORMATION

Check "Meet Info" and email communications for arrival times and important Meet Day information.

Arrive at stated times. Park in stated areas.

Coaches are responsible for picking up bibs for their teams. Supervising adult(s) are responsible for picking up bib(s) for "Unattached Athletes".

Bibs must be worn on the front of the runner clearly displaying the bib number so the finishing camera can capture the bib for results.



hrray707@gmail.com | [HRRAY](#) | [HRRAY Insta](#)